

EXHIBIT A

MEDICAL DOCUMENTATION OF DIAGNOSIS



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San Francisco, CA 94105
415-617-9894
careteam@getcerebral.com

Date: September 14, 2020

Ref: Michael Moates
MRN: mrn 187863

To Whom it May Concern:

We are writing this letter to state that the patient has been under our care for management of anxiety, insomnia and depression from August 26, 2020 to Present. During this time, the patient has engaged in the following services: medication management, care coordination.

Details of the exact diagnoses and treatments are contained within the copy of the patient's medical records, which have been provided. The Provider of Record is contained within the copy of the medical records that accompany this letter. The extent to which this information is disclosed is left solely up to the patient's discretion.

If you have any questions about this patient's care or subsequent needs of this patient please feel free to contact us at the information listed above.

Warmly,
Cerebral Medical

Allscripts Conversion
1/6/2015

Michael Moates
MRN: 03665983

Patient Demographics

REDACTED PERSONAL IDENTIFYING INFORMATION

Past Medical History

Diagnosis	Date	Comments	Source
Asthma	—	—	Provider
Psychiatric problem	—	—	Provider

Surgical as of 1/6/2015

Past Surgical History

Procedure	Laterality	Date	Comments	Source
TONSILLECTOMY	—	—	—	Provider

Tobacco Use as of 1/6/2015

Smoking Status	Smoking Start Date	Smoking Quit Date	Packs/Day	Years Used
Passive Smoke Exposure - Never Smoker	—	—	—	—
Types	Comments	Smokeless Tobacco Status	Smokeless Tobacco Quit Date	Source
—	—	Unknown	—	Provider

Alcohol Use as of 1/6/2015

Alcohol Use	Drinks/Week	Alcohol/Week	Comments	Source
—	—	—	—	Provider
Frequency	Typical Drinks	Binge Drinking	—	—
—	—	—	—	—

Drug Use as of 1/6/2015

Drug Use	Types	Frequency	Comments	Source
—	—	—	—	Provider

Socioeconomic as of 1/6/2015

Marital Status	Spouse Name	Number of Children	Years Education	Education Level	Preferred Language	Ethnicity	Race	Source
Single	—	—	—	—	English	NON HISPANIC	WHITE	—
Financial Resource Strain	Food Insecurity: Worry	Food Insecurity: Inability	Transportation Needs: Medical	Transportation Needs: Non-medical	—	—	—	—
—	—	—	—	—	—	—	—	—

Allergies as of 1/6/2015

	Severity	Noted	Reaction Type	Reactions	Comment
Nka [no Known Allergies]	Not Specified	04/27/2010	—	—	—

Immunizations Administered as of 1/6/2015

No immunizations on file.

Encounter Information

Texas Health Family Care
#456
612 E. Bailey Boswell Rd Ste
200

REDACTED PERSONAL IDENTIFYING INFORMATION

Encounter Information (continued)

	Provider	Department	Encounter #	Center
2/22/2016 4:40 AM	Lewis, Hayden Lee Sr., MD	Thpsfm	9418508386	Hayden Lewis

THPG External Notes

Lewis, Hayden Lee Sr., MD (Physician)
Family Practice

MICHAEL MOATES

2/22/2016 10:17 AM

Location: Saginaw Family Medicine

Patient #: 3665983

DOB: 1/14/1995

Single / Language: English / Race: White

Male

History of Present Illness: (LEWIS, HAYDEN, MD; 02/22/2016 10:54 AM) The patient is a 21 year old male presenting with attention deficit hyperactivity disorder. The symptoms are characterized as excessive talking, poor attention span, easily distracted and difficulty following instructions. Note for "Attention Deficit Hyperactivity Disorder": 2/22/16- Pt would like to discuss his refill for Vyvanse 70mg. yRan out of current Rx 3 days ago. yStates his psychiatrist is out of town. Pt would like to start getting his medication refills from our office from now on. yWhe he doesn't take Vyvanse he has trouble focusing. yUnable to study very long w/o getting distracted. yWhen he takes Vyvanse he doesn't get distracted as easily. yAlso sleeps better at night b/c his mind is not racing.

Problem List / Past Medical: (LEWIS, HAYDEN, MD; 02/22/2016 10:57 AM)Attention Deficit Disorder

Allergies: (GONZALEZ, MAYRA; 02/22/2016 10:21 AM)No Known Drug Allergies03/06/2012

Family History: (GONZALEZ, MAYRA; 02/22/2016 10:21 AM)Heart Disease

Hypertension

Diabetes Mellitus

Social History: (GONZALEZ, MAYRA; 02/22/2016 10:21 AM)Marital status Single.

No Drug Use

Advanced Directive/Living Will No.

Exercise History Inactive.

Cigarette Smoker/Other Tobacco-Never

Non Drinker/No Alcohol Use

Medication History: (GONZALEZ, MAYRA; 02/22/2016 10:21 AM)Vyvanse (70MG Capsule, Oral) Active. (given by Psychiatrist @ Mind Matter Psychiatry.)

Singulair (10MG Tablet, 1 (one) Oral daily, Taken starting 05/20/2015) Active.

Medications Reconciled.

Other History: (LEWIS, HAYDEN, MD; 02/22/2016 10:57 AM)Pharyngitis, acute (J02.9)

Conjunctivitis (H10.9)

Examination, routine, over 18 years of age (Z00.00)

Examination for school or camp (Z02.9)

Nausea with vomiting (R11.2)

Anxiety (F41.9)

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Encounter Information (continued)

	Provider	Department	Encounter #	Center
5/20/2016 8:43 AM	Ragle, Nita Marie	Thpsfm	9418596035	Hayden Lewis

THPG External Notes

Ragle, Nita Marie (Physician Assistant)
Physician Assistant

MICHAEL MOATES

5/20/2016 2:42 PM

Location: Saginaw Family Medicine

Patient #: 3665983

DOB: 1/14/1995

Single / Language: English / Race: White

Male

NOT RELEVANT

Additional reasons for visit:

Insomnia is described as the following:

Symptoms include difficulty falling asleep, difficulty staying asleep, unrefreshing sleep and daytime sleepiness. Onset was gradual 4 year(s) ago. The patient sleeps 4 hours per night. The patient typically requires 2 hours to fall asleep. The symptoms occur nightly. The insomnia has been increasing. Current treatment includes non-prescription sleep aids (pt has tried nyquil, melatonin, tylenol pm and benadryl but none of them have helped.). Note for "Insomnia": 10/20/2014- yPt says his trazodone is not helping anymore because he is under alot of stress and recently went through a break up and has had alot of anxiety. yPt says he hasnt been getting any sleep lately and he has been having alot of muscle aches and alot of headaches. yHe's increased his trazodone to 150 mg at bedtime. yHe's not depressed or suicidal. yHe's considering talking to a minister at church.

11/13/14 - zolpidem 10 mg not working well any more. yHelps him fall asleep, but he doesn't stay asleep.

5/20/2016 - Patient continues with the zopidem 10mg and doing well. yNeeds refill.

Attention Deficit Hyperactivity Disorder is described as the following:

The symptoms are characterized as excessive talking, poor attention span, easily distracted and difficulty following instructions. Note for "Attention Deficit Hyperactivity Disorder": 2/22/16- Pt would like to discuss his refill for Vyvanse 70mg. yRan out of current Rx 3 days ago. yStates his psychiatrist is out of town. Pt would like to start getting his medication refills from our office from now on. yWhe he doesn't take Vyvanse he has trouble focusing. yUnable to study very long w/o getting distracted. yWhen he takes Vyvanse he doesn't get distracted as easily. yAlso sleeps better at night b/c his mind is not racing.

5/20/2016 - Patient currently on vyvanse 70mg. yHe is doing well and would like refill.

Problem List / Past Medical: (RAGLE, NITA, PA-C; 05/20/2016 02:57 PM)ADD (attention deficit disorder) (F90.0)

Allergies: (THORNTON, JULI; 05/20/2016 02:47 PM)No Known Drug Allergies03/06/2012

Family History: (THORNTON, JULI; 05/20/2016 02:47 PM)Heart Disease
Diabetes Mellitus
Hypertension

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REDACTED PERSONAL IDENTIFYING INFORMATION

Office Visit
4/8/2019

Michael Moates

Patient Demographics

REDACTED PERSONAL IDENTIFYING INFORMATION

REDACTED PERSONAL IDENTIFYING INFORMATION

Past Medical History

Diagnosis	Date	Comments	Source
Allergic state	—	—	Patient
Asthma	—	—	Provider
Psychiatric problem	—	—	Provider
Sleep apnea	—	—	Patient

Surgical as of 4/8/2019

Past Surgical History

Procedure	Laterality	Date	Comments	Source
TONSILLECTOMY	—	—	—	Provider
TONSILLECTOMY	—	—	—	Patient

Tobacco Use as of 4/8/2019

Smoking Status	Smoking Start Date	Smoking Quit Date	Packs/Day	Years Used
Passive Smoke Exposure - Never Smoker	—	—	—	—
Types	Comments	Smokeless Tobacco Status	Smokeless Tobacco Quit Date	Source
—	Smoking History Packs/day: Non smoker	Never Used	—	Provider

Alcohol Use as of 4/8/2019

Alcohol Use	Drinks/Week	Alcohol/Week	Comments	Source
Yes	1 Glasses of wine 1 Cans of beer 1 Shots of liquor	3.0 standard drinks	social	Provider
Frequency	Typical Drinks	Binge Drinking		
Monthly or less	1 or 2	Less than monthly		

Drug Use as of 4/8/2019

Drug Use	Types	Frequency	Comments	Source
No	—	—	—	Provider

Sexual Activity as of 4/8/2019

Sexually Active	Birth Control	Partners	Comments	Source
Not Currently	—	Male	—	Provider

Social Documentation as of 4/8/2019

Cigarette Smoker/Other Tobacco-Never
 Advanced Directive/Living Will: No.
 Non Drinker/No Alcohol Use
 No Drug Use
 Exercise History: Inactive.
 Marital status: Single.
 Source:

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